

# VTCT Level 3 Diploma in Complementary Therapies

2 years Full Time, or 1 year Full Time intensive

**Starts January, May and September**

## Course Overview

To be a Level 3 complementary therapist it is essential that you can demonstrate competence in dealing with clients, using information for planning treatments and providing such treatments safely and effectively.

This qualification will provide you with the skills to communicate with the client and plan and deliver complementary therapy treatments.

You will need knowledge of anatomy and physiology, consultation techniques and the common effects and techniques of massage, aromatherapy and reflexology in order to provide complementary therapy treatments.

This qualification is appropriate for learners seeking an international career in the complementary therapy industry.

## Course Content - What you will learn

The Diploma consists of the following Units:

- Anatomy, Physiology & Pathology,
- Knowledge of Less Common Pathology,
- Health, Safety and Hygiene,
- Business Practice for Therapies,
- Principles and Practice of Therapies,
- Body Massage and Reflective Practice for Body Massage,
- Reflexology and Reflective Practice for Reflexology,
- Aromatherapy and Reflective Practice for Aromatherapy

## Course Entry Requirements & Pre-requisites

No previous qualifications are required

## Assessment

Coursework, Portfolio of Evidence, Practical Demonstration/ Assignment, Practical Examination.

## The Examination Body - VTCT

The VTCT (Vocational Training Charitable Trust) has over 40 years experience as an awarding body, maintaining the highest standards in the practice of massage and holistic therapies. VTCT is approved by the Qualifications and Curriculum Authority (QCA) for inclusion in the National Qualifications Framework.

VTCT qualifications are recognised both nationally and internationally.

## Further Study

This qualification is the perfect foundation for a career in Complementary Therapies or for further study onto a Bachelor degree programme.

## Length of course

This Diploma can be studied as a full time intensive course over one year, or full time over 2 years, it can also be completed part time by completing each subject separately.

The academic year is made up of three terms of 8 weeks, with an 8 week break between each term. Students are required to attend for 2 full days (16 hours) per week, and attend for final assessments after the third 8 week break.

Full time students intending to complete the course in one academic year will be expected to continue studying (at home or our centre) during their 8 week breaks. Students completing the course over 2 years will have more class time to finish their case studies, and hence will have less study to do during their 8 weeks breaks.

It is also possible to upgrade your existing qualifications. For example a practising Massage therapist may only need to complete the Aromatherapy & Reflexology Diplomas to be able to gain the Complementary Therapies Diploma.

## Fees

EU students - £3000 p.a.

International students - £3600 p.a.

## Location

96 Martins Road,  
Shortlands

Kent

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## Contact

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FULL TIME COURSES